

# OSHA<sup>®</sup> GUIDELINES

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- Part Number: 1926
- Part Title: Safety and Health Regulations for Construction
- Subpart: X
- Subpart Title: Stairways and Ladders
- Standard Number: 1926 Subpart X App A
- Title: Ladders
- GPO Source: [e-CFR](#)

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This appendix serves as a non-mandatory guideline to assist employers in complying with the ladder loading and strength requirements of 1926.1053(a)(1). A ladder designed and built in accordance with the applicable national consensus standards, as set forth below, will be considered to meet the requirements of 1926.1053(a)(1):

- . Manufactured portable wood ladders: American National Standards Institute (ANSI) A14.1-1982 - American National Standard for Ladders-Portable Wood-Safety Requirements.
- . Manufactured portable metal ladders: ANSI A14.2-1982 - American National Standard for Ladders - Portable Metal - Safety Requirements.
- . Manufactured fixed ladders: ANSI A14.3-1984 - American National Standard for Ladders - Fixed - Safety Requirements.
- . Job-made ladders: ANSI A14.4-1979 - Safety Requirements for Job-Made Ladders.
- . Plastic ladders: ANSI A14.5-1982 - American National Standard for Ladders - Portable Reinforced Plastic - Safety Requirements

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